



Covenant

DNA of Christ's Disciple



January 2021

Monthly Bulletin

After what the world has been through in 2020, 2021 promises to be different. Other countries battered by wave after wave of COVID cases, Singapore seem to have turned a corner. We are looking forward to a gradual return to normalcy: meeting in bigger groups, gathering in church in various ways, economic recovery, perhaps even travel to some countries. Already we are making plans - the things we will do, the accomplishments we will achieve.

We live in a time of technological mastery and unprecedented choice, where the fundamental mind-set is that we must 'take control of our future' and 'seize the day' - we are, as the saying goes 'the master of our fate, the captain of our soul'.

Yet this way of thinking is not just unique to the modern Singaporean, who makes plans for everything, even the future of our children. During the time of the writing of the Epistle of James, believers were saying things like, *"Today or tomorrow we will go into such and such a town and spend a year there and trade and make a profit"* (James 4:13)

At the same time, the last several months had shown us that we are, in fact, not in control. None of us at the end of 2019 had planned for how 2020 panned out. We are, as James says, in the dark about what 'tomorrow will bring'. Ultimately, if we take the long term view, we are just a *"mist that appears for a little time and then vanishes"* (James 4:14), utterly vulnerable to the circumstances of life.

This does not mean that we should be fatalistic and not make any plans at all - that we should sit back and fold our arms, for 'que Sera Sera, whatever will be will be'. Various people in the Bible did make plans.

But we should let this truth sink in, even as we make our plans: that we are not self-sufficient, we are not the ones in charge. Life is not obliged to bend to our will, just as the mist does not dictate to the wind where it may blow. And that is a humbling thought.

Welcome!

During this unusual time when we cannot all come together for worship, we can still be part of a worshipping community. We invite you to join us at our live worship service by pre-registration at the church's website <https://www.cplink.org.sg/>. You may join our live-streaming services online via our website. We hope you can also connect with our Life Groups. Please contact one of our Pastoral Staff if you like to join a Life Group. We are still meeting and connecting through various digital platforms.

Worship Time	
English Services	10.30am
Chinese Service	9.00am
Sri Lankan Service	2.00pm

We want to grow in Christlikeness through devotion and delight in God, nurturing devotion and delight in God, nurturing relationships and intentionally multiplying disciplemakers.

Perhaps, as an exercise for this start of 2021, we should put all our plans, one by one, before God, and say, 'If you will it ...'

As we look forward to 2021 and beyond, it will be wise to remember that all of lives, even our plans, are in the hands of God. We are lumps of clay in the potter's hands, to be shaped according to His sovereign will. And that is a good and safe place to be, for we know that in all things God works for the good of those who love Him.

~~ *Pr Lionel Neo* ~~



The mission collection for January 2021 we are collecting for **Careworks Community Services**. Closing date is 10 Jan 2021. Please refer to the bank details below for Mission giving.

MISSION COLLECTION JAN 2021 *for Careworks Community Services*

Mission Bank Account Name: **COVENANT PRESBYTERIAN CHURCH-MC**
UEN No for mission: **T12SS0164DMIC**
Mission Bank Account: **025-905374-0**



Please indicate **ONLY** the Mission Collection Code as shown here:

CCS

GIVING

Kindly take note of the separate bank accounts for Tithes and Offering.

TITHES



Please key in your tithing number at the reference section. If you are unsure of or do not a tithing number, you may drop us an email at the church website. under “Request” tab and we will get back to you.

INTERNET TRANSFER

DBS Current Account: **025-905375-8**

Account name: **Covenant Presbyterian Church - Tith**

UEN no. **T12SS0164DTTH**

OFFERING



Please key in only the alphabet at the reference section as follows :

*“E” for English Service
“C” for Chinese Service
“SL” for Sri Lankan Service*

INTERNET TRANSFER

DBS Current Account: **033-016873-0**

Account name: **Covenant Presbyterian Church**

UEN no. **T12SS0164D**



ANNOUNCEMENTS

✚ **CPC Prayer Meeting (Fresh Fire) on 8 Jan (Fri) @ 8pm** sharing by Dr Tan Lai Yong on **Community Work & Church**. For those joining via Zoom, the details: Meeting ID : 891 4511 0163, Password: 572980

All are welcome, let's come together as a church, connecting with God, and with one another.

✚ For those of you whose child is growing into adolescence or even already a teen, The **Parenting Teenagers Course** is the next level of parenting skills to pick up.

Join the parenting teenagers course



Covenant Presbyterian Church presents The Parenting Teenagers Course, designed for parents of teenagers between 11-18 years old.

Who is it for?

The course is for any parent or carer of teenagers, whether they consider themselves to have strong parenting skills or are at judging, and whether they're a single parent, grandparent or a step-parent.

What's involved?

There are five weekly sessions. In this course, each lasting 3 hours. Each session consists of a video and time for parents to discuss and relate to the issues.

The video contains powerful testimonies from children and parents, as well as expert opinions from several key industry experts. Ross Campbell, Sue Palmer and Rob Parsons are a few of the well-known parenting authors, child psychologists and counsellors interviewed for their expertise and opinions.

What to Expect?

• Fantastic atmosphere that is welcoming, encouraging and fun
• Practical skills that are informative and fun
• Time to discuss the challenges you are facing and how to establish long-term strategies for your own family

• Children and single parents and grandparents are very welcomed

Dates: Jan 9, 16, 23, 30, Feb 20 & 27 2021

Options: Saturdays 9am-12 noon, 2pm-5pm

What are the challenges faced by today's families?

• Parenting teenagers is harder than ever for most parents today

• Weakened social support from our family and friends

• Lack of Confidence

• We rate we've prioritized life is more important than parenting

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Why Do the Parenting Teenagers Course?

We are the main influence on our teenagers' future. Discovering we are not alone in the challenges we face and picking up ideas from other parents can make a huge difference.

Meeting our teenagers' deeper needs, setting healthy boundaries, helping to develop their emotional health and teaching them how to make good choices takes skill and dedication.

Taking time to reflect on our end goal can help us to build our relationship with our teenagers now.

Topics

- Keeping the End in Mind
- Building Strong Relationships
- Meeting Our Teenagers' Needs
- Effective Communication
- Setting Boundaries
- Encouraging Responsibility
- Developing Emotional Health
- Handling Argue with Teenagers (Ours and Theirs)
- Resolving Conflict and Reducing Stress
- Helping them Make Good Choices (Drugs, Alcohol, Sex)

www.cpc.org.sg/tpatc



TPATC

For any enquiries, please contact Mrs Ivy Tan @ +65 9222 8023

Synopsis:

Every stage of parenting has its challenges, but for many families, the teenage years are the most difficult. The transition from childhood to young adulthood can be a rollercoaster for kids and parents. Nevertheless, there are plenty of things parents can do before they reach this stage to help the whole family navigate it as easily as possible. The Parenting Teenager Course aims to equip parents of teenagers aged 11 - 18 years old with strategies to build a healthy relationship while guiding them into adulthood. Each session consists of a video talk and small group discussions, and parents are expected to do the homework section before coming for the next session. The topics cover: Keeping the end in mind, Meeting our teenager's needs, Setting boundaries, Developing emotional health, Helping them make good choices.

Dates:

Jan 9, 16, 23, 30, Feb 20 & 27 2021

Options: Saturdays 9am - 12pm, 2 - 5 pm

Please scan the QR code to register and invite your friends too!



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Pastoral Staff

Rev Keith Lai
Rev Abel Lee
Rev Dr Henry Wong
Rev Christina Ong
Ps Lai Mui Fong
Pr Chin Yoke Fen
Pr Lionel Neo
Ps Susantha

Sri Lankan Service

Rev Christina Ong / Ps Susantha

Chinese Service

Rev Abel Lee / Pr Chin Yoke Fen

CareWorks Community Services

Rev Dr Henry Wong

Gladiolus Place

Michelle Tan

Ministry Team Leaders

Creche

Kong Soh Lian

Children

Pr Lionel Neo

Youth and Young Adult (YaYA)

Michael Low
Aruneeporn Ng, Jasmine Tan
Audrey Wong

Young Working Adult & Young Married

Rev Dr Henry Wong

Adults & Seniors

Rev Keith Lai/ Ps Lai Mui Fong

Hospitality

Jenny Ho

Worship

Arthur Lim

Missions

Ps Lai Mui Fong

Prayer

Rev Dr Henry Wong

Freedom & Wholeness

Alfred & Jenny Koay

GB / BB

Pr Lionel Neo

Chinese Seniors Alpha Course

Pr Chin Yoke Fen

Day Alone with the Lord

Ps Lai Mui Fong